

FRESUBIN® 3.2 KCAL DRINK



DESCRIPTION

A flavoured liquid consisting of protein (collagen hydrolysate, milk), rapeseed oil, carbohydrates (glucose syrup, saccharose), vitamins, trace elements and minerals.

PRESENTATION

Fresubin® 3.2 kcal Drink is a 3.2 kcal/ml energy density with 20g protein (20% energy) and 10 µg vitamin D per 125ml, oral nutritional supplement.

Fresubin® 3.2 kcal Drink is ready to use and presented in a 125ml bottle. It is available in four flavours: Vanilla-Caramel, Hazelnut, Mango and Cappuccino.

Lactose and gluten free.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER 3 YEARS OF AGE

NOT SUITABLE IN CASE OF GALACTOSAEMIA

PRECAUTIONS

NOT SUITABLE AS A SOLE SOURCE OF NUTRITION TO BE USED UNDER MEDICAL SUPERVISION USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy and protein needs or fluid restriction.

Fresubin® 3.2 kcal is a Food for Special Medical Purposes.

Fresubin® 3.2 kcal is currently a PCRS reimbursable item.

Fresubin® 3.2 kcal is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE

Dosage to be determined by a healthcare professional according to patients' needs.

Recommendation for supplementary nutrition 1-2 bottles (400-800 kcal)/day.

STORAGE

Store at room temperature.

Once opened refrigerate and use within 24 hours.

Shake well before use. Best served chilled.

PACK SIZE

4 x 125ml

SHELF LIFE

9 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20%

Fat 45%

Carbohydrate 34.7%

Fibre 0.3%

PCRS CODE

Hazelnut: 81121

Vanilla-Caramel: 81121

Mango: 81121

Cappuccino 81121

INGREDIENTS

VANILLA-CARAMEL FLAVOUR

Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, milk protein, maltodextrin, stabilisers (E 460, E 466), flavourings, emulsifiers (E 471, soya lecithins, E 472e), calcium phosphate, potassium chloride, acidity regulators (E 524, E 525), potassium phosphate, vitamin C, potassium citrate, calcium citrate, magnesium chloride, magnesium oxide, ferric diphosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, cupric sulphate, sodium fluoride, riboflavin, thiamin, vitamin B₁₂, β-carotene, vitamin A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin D, vitamin K, vitamin B₆.

HAZELNUT FLAVOUR

Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, milk protein, maltodextrin, stabilisers (E 460, E 466), emulsifiers (E 471, soya lecithins, E 472e), calcium phosphate, potassium chloride, flavourings, acidity regulators (E 524, E 525), potassium phosphate, vitamin C, potassium citrate, calcium citrate, magnesium chloride, magnesium oxide, ferric diphosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, cupric sulphate, sodium fluoride, riboflavin, thiamin, vitamin B₁₂, β-carotene, vitamin A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin D, vitamin K, vitamin B₆.

MANGO FLAVOUR

Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, milk protein, maltodextrin, stabilisers (E 460, E 466), emulsifiers (E 471, soya lecithins, E 472e), calcium phosphate, potassium chloride, acidity regulators (E 524, E 525), flavouring, potassium phosphate, vitamin C, potassium citrate, calcium citrate, magnesium chloride, magnesium oxide, ferric diphosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, cupric sulphate, sodium fluoride, riboflavin, thiamin, vitamin B₁₂, β-carotene, vitamin A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin D, vitamin K, vitamin B₆.

CAPPUCCINO FLAVOUR

Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, milk protein, flavourings, maltodextrin, stabilisers (E 460, E 466), emulsifiers (E 471, soya lecithins, E 472e), calcium phosphate, potassium chloride, acidity regulators (E 524, E 525), potassium phosphate, vitamin C, potassium citrate, calcium citrate, magnesium chloride, magnesium oxide, ferric diphosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, cupric sulphate, sodium fluoride, riboflavin, thiamin, vitamin B₁₂, β-carotene, vitamin A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin D, vitamin K, vitamin B₆.

NUTRITIONAL COMPOSITION	Per 100ml	Per 125ml
ENERGY kcal (kJ)	320 (1344)	400 (1680)
PROTEIN g	16	20
CARBOHYDRATE g	28	35
Of which sugars g	11	13.8
Of which lactose g	≤0.24	≤0.3
FAT g	16	20
Of which saturated fatty acids g	1.1	1.38
Of which monounsaturated fatty acids g	9.9	12.38
Of which polyunsaturated fatty acids g	5.0	6.25
FIBRE g	0.4	0.5
SALT g	0.28	0.35
WATER ml	56	70
OSMOLARITY mosmol/l	630 ¹ 697 ² 730 ³ 734 ⁴	

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 125ml
SODIUM mg (mmol)	112 (4.9)	140 (6.1)
POTASSIUM mg (mmol)	312 (8.0)	390 (10)
CHLORIDE mg (mmol)	150 (4.2)	188 (5.3)
CALCIUM mg (mmol)	165 (4.1)	206 (5.1)
PHOSPHORUS mg (mmol)	112 (3.6)	140 (4.5)
MAGNESIUM mg (mmol)	40 (1.7)	50 (2.1)
IRON mg	5.2	6.5
ZINC mg	3.7	4.6
COPPER mg	0.55	0.69
MANGANESE mg	1.4	1.75
IODINE µg	42	52.5
CHROMIUM µg	23	28.8
MOLYBDENUM µg	34	42.5
FLUORIDE mg	0.36	0.45
SELENIUM µg	23	28.8

VITAMINS	Per 100ml	Per 125ml
VITAMIN A µgRE	322	403
of which β-carotene µg RE	92	115
VITAMIN D ₃ µg	8	10
VITAMIN E mgαTE	6.9	8.6
VITAMIN K µg	22	27.5
THIAMIN mg	0.47	0.71
RIBOFLAVIN mg	0.7	0.88
NIACIN mg	5.5(6.3mg NE)	6.9(7.9mg NE)
VITAMIN B ₆ mg	0.6	0.75
VITAMIN B ₁₂ µg	1.1	1.38
PANTOTHENIC ACID mg	2.2	2.75
BIOTIN µg	15	18.8
FOLIC ACID µg	95	118.8
VITAMIN C mg	42	52

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.0
C8 Caprylic acid	0.0
C10 Capric acid	0.0
C12 Lauric acid	0.0
C14 Myristic acid	0.0
C16 Palmitic acid	0.7
C16:1 ω-7 Palmitoleic acid	0.0
C18 Stearic acid	0.3
C18:1 ω-9 Oleic acid	9.2
C18:2 ω-6 Linoleic acid	3.3
C18:3 ω-3 α-Linolenic acid	1.5
C20:5 ω-3 Eicosapentaenoic acid	0.0
C22:6 ω-3 Docosahexaenoic acid	0.0
Other ω-3 fatty acids	0.0

TYPICAL AMINO ACID PROFILE	g Per 100ml
Histidine*	0.16
Isoleucine*	0.37
Leucine*	0.70
Lysine*	0.66
Methionine*	0.17
Phenylalanine*	0.40
Threonine*	0.39
Tryptophan*	0.05
Valine*	0.53
Cysteine	0.03
Tyrosine	0.24
Glycine	3.42
Arginine	1.05
Proline	2.38
Aspartic acid and asparagine	0.98
Glutamine and Glutamic acid	2.02
Alanine	1.38
Serine	0.63

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.6
Fructose	0.0
Maltose	2.0
Saccharose	8.0
Lactose	≤0.24
Oligosaccharides and Polysaccharides	17
Starch	0

*Essential amino acid

¹Hazelnut ²Vanilla-Caramel ³Mango ⁴Cappuccino

Date of Preparation:
June 2023

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