

## FRESUBIN® 5KCAL SHOT

**DESCRIPTION**

A high energy liquid fat emulsion with long and medium chain triglycerides. Consisting of fat (rapeseed oil and MCT) and carbohydrate (sucrose).

**PRESENTATION**

Fresubin® 5kcal Shot is a high calorie (5.0 kcal/ml), oral nutritional supplement (fat emulsion) with long and medium chain triglycerides.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes, ready to use and presented in a 120ml EasyBottle.

It is available in two flavours: Neutral and Lemon. Lactose and gluten free.

**CONTRA-INDICATIONS**

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED  
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE

**PRECAUTIONS**

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION  
NOT SUITABLE AS A SOLE SOURCE OF NUTRITION  
INTAKE SHOULD NOT EXCEED 50% OF PATIENTS' TOTAL ENERGY NEEDS

**INDICATIONS FOR USE**

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy needs or low volume tolerance.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes.

Fresubin® 5kcal Shot is currently a PCRS reimbursable item.

Fresubin® 5kcal Shot is prescribable on FPI0/GPI0 for the following indications: Disease related malnutrition, malabsorption states and other conditions requiring fortification with a high fat supplement.

**DOSAGE**

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: For supplementary nutrition: 3-4 x 30ml per day will provide (450 - 600 kcal).

**STORAGE**

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 14 days in a refrigerator.

**PACK SIZE**

4 x 120ml.

**SHELF LIFE**

12 months.

**ENERGY DISTRIBUTION**

Protein 0%  
Fat 96.8%  
Carbohydrate 3.2%  
Fibre 0%

**INGREDIENTS****Neutral**

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), stabiliser (E460,E466), flavouring, thickener (E415).

**Lemon**

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), flavourings, stabiliser (E460, E466), thickener (E415).

**PCRS CODES**

Neutral 81621  
Lemon 81621

NUTRITIONAL COMPOSITION	Per 100ml	Per 30ml Serving
<b>ENERGY</b> kcal (kJ)	500 (2100)	150 (630)
<b>PROTEIN</b> g	0	0
<b>CARBOHYDRATE</b> g	4	1.2
Of which sugars g	4	1.2
Of which lactose g	0	0
<b>FAT</b> g	53.8	16.1
Of which saturated fatty acids g	16.7	5
Of which MCT g	13.9	4.2
Of which polyunsaturated fatty acids g	12.5	3.8
Of which monounsaturated fatty acids g	24.6	7.4
<b>FIBRE</b> g	0.4	0.1
<b>SALT</b> g (Na x 2.5)	0	0
<b>WATER</b> ml	40	12

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 30ml Serving
<b>VITAMIN E</b> mg $\alpha$ TE	14.0	4.2
<b>VITAMIN K</b> $\mu$ g	38.0	11.4

\*Other mineral, trace elements and vitamins are present in clinically insignificant amounts

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6:0 Caproic acid	0.018
C8:0 Caprylic acid	7.57
C10:0 Capric acid	5.22
C12:0 Lauric acid	0.04
C16:0 Palmitic acid	1.84
C18:0 Stearic acid	0.81
C18:1 $\omega$ 9 Oleic acid	22.9
C18:2 $\omega$ 6 Linoleic acid	8.34
C18:3 $\omega$ 3 $\alpha$ -Linolenic acid	3.63

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Saccharose	4.0